

RAINBOW SCHOOL KANEOHE & HONOLULU OCTOBER 2009

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MENU SUBJECT TO CHANGE DUE TO AVAILABILITY	1% MILK SERVED WITH ALL MEALS		1	2
			Banana Bread Fruit Cocktail	Cereal Apple Juice
			Tuna Salad Sandwich Celery w/ Dip Pineapple	Chicken Long Rice Rice, Romaine Salad Cantaloupe
5	6	7	8	9
Cereal Orange Juice	Apple Roll Peaches	Waffles Oranges	Orange Bread Pears	Cereal Apple Juice
Chicken Nuggets Rice Romaine Salad Apples	Saimin w/ Vegetables Char Siu Manapua Banana	Chili Hot Dog Rice Broccoli Apples	Chicken Curry Casserole w/ Vegetables Pineapple	Ham & Cheese Sandwich Carrots w/ Dip Cantaloupe HONOLULU - CLOSED
12	13	14	15	16
SCHOOL IS CLOSED FOR KANEOHE -TEACHER TRAINING DAY SCHOOL IS CLOSED FOR HONOLULU - COLUMBUS DAY	Raisin Muffin Pineapple Bits	Pancakes Applesauce	Blueberry Bread Fruit Cocktail	Cereal Apple Juice
	Pizza Pockets Romaine Salad Banana	Turkey Noodle Casserole Green Beans Oranges	Chicken Patty w/ Bun Carrots w/ Dip Pineapple	Fish Burger w/ Bun Tater Tots Watermelon
19	20	21	22	23
Cereal Orange Juice	Cinnamon Roll Peaches	French Toast Oranges	Banana Bread Pears	Cereal Apple Juice
Swedish Meatballs & Rice Buttered Corn Cantaloupe	Submarine Sandwich Carrots w/ Dip Banana	Beanie Weenie Rice & Tossed Salad Apples	Spaghetti w/ Meat Sauce Buttered Corn Pineapple	Mini Cheese Burgers Tater Tots Orange
26	27	28	29	30
Cereal Orange Juice	English Muffin Fruit Cocktail	Cereal Orange Juice	English Muffin Pineapple Bits	French Toast Applesauce
Chicken Nuggets Rice & Carrot Sticks Apple	Chili Macaroni Broccoli Banana	Hot Dogs w/ Bun Carrots w/ Dip Apples	Hamburger Stew w/ Vegetables & Rice Banana	Creole Macaroni Peas & Carrots Oranges

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